



# ST. MARK UNIVERSITY CATHOLIC PARISH

The Catholic Community of University of Alaska, Fairbanks

PO Box 750166 Fairbanks, AK 99775-0166

Email: [st.mark@cbna.org](mailto:st.mark@cbna.org) Webpage: [stmarksuaf.org](http://stmarksuaf.org)

**March 1, 2020**

## First Sunday of Lent Time -A

### Our Parish Mission Statement:

*St. Mark's University Parish provides a welcoming faith community for students, families, and individuals that share a geographic, intellectual, or historic connection to the University of Alaska Fairbanks (UAF). We exist to encourage, inform, and support the faith journey of all who have come to UAF with a background in the Catholic tradition. We provide a convenient and hospitable space for students' sacramental life, prayer life, fellowship and growth in faith. St. Mark's also provides reliable information for non-Catholics inquiring about our faith and contributes to inter-faith discussion and ecumenical action.*

### **Regular Sunday Mass: 5:30pm**

**UAF Margaret Murie Building Auditorium (Upper Campus)**

**Pastor:** Fr. Robert Fath

Ph. 907-374-9504 Email: [vg@cbna.org](mailto:vg@cbna.org)

**Parish Administrator:** Mary Pat Boger

**St. Mark:** Ph.: 907-374-9564

**Office Hours:** Tues-Fri: 10am – 12noon.

**Bookkeeper:** Marilis Bennett Ph. 590-9291

**Music Director:** George Stefan

**Parish Council Members:** Cynthia Klepaski, John Fox, Marilis Bennett, Jen Tucker, Sean Tucker, Ritchie Musick

**Reconciliation:** Sunday before Mass and upon appointment.

**Sacraments & Becoming Catholic:** Please contact Robert Fath or Mary Pat Boger.

**Assistance in Faith Formation:** See Mary Pat Boger

**Parish Council:** Meets 2<sup>nd</sup> Sun/month after Mass

**New Members:** If you are new to our parish, please register and introduce yourself to Fr. Robert Fath and/or Mary Pat Boger.



### **Holy Father's Prayer Intentions March 2020: Catholics in China**

We pray that the Church in China may persevere in its faithfulness to the Gospel and grow in unity.

### **Special Prayer Intentions:** Pope Francis;

Bishop Chad; Fr. Fath; priests, religious, deacons, seminarians in the Diocese of Fairbanks and Alaska; Arthur Mace (Jen Tucker's father); Robin Eagan; Ben Orr; Gail Reidman; Tweet Burik; Joel Rivera; for all families and for our country to uphold the sanctity of the marriage bond which is under attack; and Mission Churches in Alaska.

Please our priests in Alaska in your prayers as they gather in Anchorage (March 2-6) for Priest Convocation.



### **First Sunday of Lent - A**

#### *Overcoming Temptation*

**Genesis 2:7-9; 3:1-7** *The Fall of Humankind*

**Romans 5:12-19** *Humanity's Sin through Adam*

**Matthew 4:1-11** *The Temptation of Jesus*

## **Catholic Student Association**

*We are a community of faith and caring.*



**The Commons** - open for students during the day (7am-5pm). CSA gatherings can begin in 2-hour blocks of time between 5:30-7:30pm. **We need input** from students on evening times for gatherings as a group with Fr. Fath. Please contact Mary Pat Boger – [uaf.stmark@gmail.com](mailto:uaf.stmark@gmail.com) or 374-9564. Mary Pat can be found sitting at the meeting table at The Commons on Wednesday and Thursday for drop ins from 11am-12:15pm.

Don't forget the **Graduation Fair** this Wednesday from 11:30am-2pm in 201 Constitution Hall. If graduation this year plan on attending!

Check out **busted halo** faith shared joyfully <https://bustedhalo.com/tag/holy-days-seasons> for 2020 Fast-Pray-Give Calendar. The Digital Lent calendar is a resource to help you on your Lenten Journey. Check out the podcasts and other resources at [www.bustedhalo.org](http://www.bustedhalo.org) free for all.

**Students:** Visit the **Ice Park** carvings with a friend(s) for free (3/1-14) contact Mary Pat Boger @ 374-9564 or [uaf.smark@gmail.com](mailto:uaf.smark@gmail.com) 24 hour in advance. Passes courtesy of St. Mark Catholic Student Association. Multi blocks are finished, Single Block ends Mar 1<sup>st</sup>; Single-Block Award Ceremony is at 8pm on Mar 2<sup>nd</sup>.



**Spring Break** – March 9-13, 2020. Plan on catching up on studies so you can relax and enjoy the week!



### **Communal Lenten Penance Services**

March 11 (Thu) – 7pm at Sacred Heart Cathedral

March 26, (Thu) – 7pm at St Nicholas - North Pole

March 31, (Tue) – 7pm at St Raphael – Fairbanks

### **St. Mark University Catholic Parish**

**Easter Mass** – April 13<sup>th</sup> – 10am followed by finger food brunch. No 5:30pm Mass.

Sacred Heart Cathedral Holy Week schedules will be posted for St. Mark parishioners to attend.

**Last call for wedding anniversary dates.** Send information (date/name/email) to [uaf.stmark@gmail.com](mailto:uaf.stmark@gmail.com). *Nothing is more humbling or more beautiful than admitting you are a sinner in need of God's love and forgiveness. Not only will the outpouring of graces from this sacrament make you a better person, it will overflow into your relationship with your spouse and draw you closer together.*

### From the Chancery

Please be aware of Mass cancelations due to the Priest Convocation being held in Anchorage this week (March 2-6).

**Temporary Suspension of the reception of the Precious Blood at Communion.** Check the entrance of Murie Hall for a copy if you haven't received one by email.

### Diocesan Position Openings:

**Executive/Tribunal Assistant** responsible for supporting the Office of the Bishop and the Tribunal by providing administrative support to both the Vicar General and Chancellor. This is a full-time position with benefits and will remain open until filled. For more information, please contact Leigh Scarboro via email at [bishopsoffice@cbna.org](mailto:bishopsoffice@cbna.org).

**Director of Mission Outreach.** Responsible for the overall messaging, general development initiatives and stewardship efforts for the Diocese of Fairbanks. Manages and directs diocesan solicitation, development and expression of gratitude to donors. Oversees the content and ensures that the message of the Bishop is consistent in all communications of the diocese to include social media, direct mailings and published content. The Director of Mission Outreach position performs all duties and responsibilities in alignment with the mission, vision and values of the Catholic Diocese of Fairbanks. This position is full time and benefits eligible and will remain open until filled. For more information, please contact [humanresources@cbna.org](mailto:humanresources@cbna.org)

### March 1, 2020 - 1st Sunday of Lent

*"It is written: The Lord, your God, shall you worship and him alone shall you serve." (Matthew 4:10)*

Tempted between the riches and power of this world and service to God, Jesus chose service to His Father. If we wish to truly follow Jesus, we, too, must decide to turn away from worldly power and riches and put God at the center of our lives. Lent is our time to prune ourselves of earthly things. Ask God how he is calling you to serve.

### Lenten Journey—Prayer, Fasting, Almsgiving

This weekend is our first weekend of Lent. The season of Lent is an opportunity for us to turn away from whatever keeps us from knowing and loving God. Everybody, even children, are called to participate in this season.

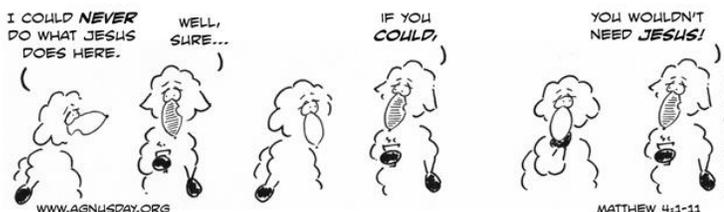
**Prayer Opportunities:** We can participate in daily Mass, reflect on daily meditations, explore Lenten content on FORMED.org, attend Friday Stations of the Cross, or prayerfully consider spending a Holy Hour with our Lord.

**Fast and Abstinence:** Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence from meat. For members of the Latin Catholic Church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal. Two smaller meals may also be taken, but not to equal a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards. ([usccb.org](http://usccb.org))

**Almsgiving:** During Lent, we are asked to focus more intently on almsgiving. Immaculate Conception Soup Kitchen is always in need of volunteers! Every Saturday and Sunday. Please contact Grayce Barnard at [iccsoupkitchen@cbna.org](mailto:iccsoupkitchen@cbna.org) for more information or to volunteer.

### Office of Faith and Family Formation

**Rite of Election** will be held at 4pm on Sunday, 1 March 2020 at Sacred Heart Cathedral. All are encouraged to attend in support of these individuals receiving sacraments and/or entering the Catholic faith.





Nothing is more humbling or more beautiful than admitting you are a sinner in need of God's love and forgiveness. Not only will the

outpouring of graces from this sacrament make you a better person, it will overflow into your relationship with your spouse and draw you closer together.

**Of Interest at other Parishes**

**St. Raphael**

Fridays – 6pm Stations followed by soup/bread

**Sacred Heart Cathedral**

Friday 6:30pm Stations followed by meatless

**Immaculate Conception Church**

Mar 27 - KC Fish Fry 5:30-8:30pm at Monroe Catholic School.

**St. Nicholas Catholic Church** – North Pole

Sundays – 11:50 Divine Chaplet before mass

Fridays – 6pm simple supper – 7pm Stations –

7:30pm adoration w/confession

**Commentary for the Readings in the**

**Extraordinary Form:**

**First Sunday of Lent**

"Not by bread alone does man live, but by every word that comes forth from the mouth of God" (Gospel).



In this picture the devil points to the *bread of fleshly* desire. "Now is the acceptable time" to "ration" our self-indulgence, our worship of physical culture (Epistle), and to feed our souls with the Divine Word. This temptation calls for the mortification of self.

The "pinnacle of the temple" (in the upper left corner), recalls the *pride* of usurping God's *power*, of trying to live beyond His reach. We must topple ourselves from the pinnacle of *pride* and lift ourselves up by prayer to the pinnacle of God Himself.

The "kingdoms of the world," seen in the distance (in middle of picture), represent those who covet mere earthly "glory." To offset this temptation there must be almsgiving or devoting one's talents to the service of one's neighbor.

The Epistle exhorts us not to receive "in vain" this plan of personal reformation, first by warning, then by encouraging us in the eternal struggle between Christ and Antichrist.

*Excerpted from My Sunday Missal, Confraternity of the Precious Blood*

**Divine Mercy Retreat  
with Dc. Harold Burke Severs April 17 – 19**

**Liturgy Matters 14**

Much of what has been said about the reading of the Word of God from the Old Testament can be applied to the second reading, always taken from



one of the letters of the apostles. The direction of movement shifts again. God speaks again to His Church, and the Church listens. But now God's language is no longer the creation and the history of Israel. He speaks to us through

the reflective writings of the Lord's chosen apostles. The way in which the writers provide us with these reflections demonstrate the center of our theology; the reflective effort of the first believers to absorb all that had been experienced in the death and Resurrection of Jesus. The writers unfold the consequences, showing us in various ways that the believer is summoned to an unimaginably profound sharing in the Lord's Passion and so in his victory.

The texts, as we know, are inspired; that is, through them the Holy Spirit leads us to the understanding of Jesus' death and Resurrection that God intends.

So, at mass when the writings of the apostles are proclaimed the assembly is led in that moment to a grasping of the mystery. The

understanding of the writings in the context of the mass is what God is now saying to His people, so naturally the reader concludes with "The Word of the Lord". In



our gratitude we respond, "Thanks be to God". As was the case after the first reading, our most basic response is one of silence that expresses our reverence for the fact that God has spoken. In this silence once again, in the new content delivered and grasped in this reading, Jesus Christ himself is opening the minds and hearts of His people to a better understanding of the mysteries.



## Catholic Masses in Fairbanks Area

### **Saint Mark University Parish**

Sunday: 5:30pm

### **Sacred Heart Cathedral Sunday Masses**

Saturday 4:30pm

Sunday 8:00am & 11:00am

Spanish Mass: 1:00pm on Sunday

Daily Masses: Monday—Friday 7:30am

### **Saint Raphael**

Sunday: 9:30am; Saturday Vigil: 6:00pm Weekday:

T, Th. 9:30am & Wed. 5:30pm

### **Immaculate Conception**

Sunday: 7:30am, 10:00am

Saturday Vigil: 4:00pm

Confessions - Saturday 3-3:45pm, 5:30pm

Latin Mass (twice a month)

Mon, Tues, Thurs, Fri Mass: 12:10pm

Wed 5:30pm, followed by Adoration & Confession

### **Saint Nicholas, North Pole**

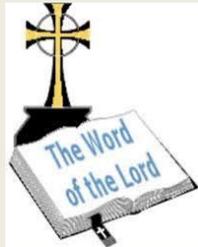
Sunday: 9:00am, 12:00pm

Saturday Vigil: 5:00pm

Weekday: Mon, Tue, Thu, Fri

9:00am,

Wed 5:30pm



### **Our Lady of the Snows, Eielson AFB**

Sunday: 10:30am.

## Catholic Adoration in Fairbanks Area

**Sacred Heart Cathedral:** Thu. 8:00am -12:30 pm

Saturdays 2:30 -4:00pm

### **Immaculate Conception**

Wed 5:30pm, Mass 6:00pm - 7:00pm, Adoration with Confessions

*First Friday Devotions*

5:30pm Mass

### **St. Raphael**

2nd Thursday 3:00 pm to 8:00 pm

**Good Shepherd:** Thu. 6:00pm -7:00pm (Most weeks)

**St. Nicholas:** Wednesday 7:00 -8:00pm



Parishioner Rosemarie Larson shared the following recipe for your meatless Friday. If you have a specialty to share with others send it to [uaf.stmark@gmail.com](mailto:uaf.stmark@gmail.com)

## Fish Friday Tuna Burgers

### Ingredients

1 (7 ounce) pouch tuna in water, drained and juice reserved.

3 tablespoons finely chopped onion

3 tablespoons finely chopped celery with leaves

1 large egg

1/4 cup dry breadcrumbs

2 slices day-old bread, cubed

1 pinch garlic powder, or to taste

1 pinch salt and ground black pepper to taste

3 tablespoons olive oil

Directions: Mix drained tuna, onion, celery, egg, breadcrumbs, bread cubes, garlic powder, salt, and black pepper in a bowl. If mixture is too dry to hold together, stir in reserved tuna juice, 1 teaspoon at a time. Divide mixture in fourths and shape each portion into a patty.

Heat olive oil in a large skillet over medium heat and pan-fry the patties until golden brown, about 3 minutes per side. Drain patties on paper towels.

Coming soon to houses near you! March 8<sup>th</sup> move clocks ahead an hour - lose an hour of sleep.

MCHUMOR.COM by T. McCracken



"I hate changing to Daylight Saving Time."