

March 24, 2024



Holy Week Daily Readings

Monday of Holy Week

March 25

Isaiah 42:1-7

John 12:1-11

Tuesday of Holy Week

March 26

Isaiah 49:1-6

Psalms 89:2-3, 4-5, 27 and 29

John 13:1-33, 36-38

Wednesday of Holy Week

March 27

Isaiah 50:4-9a

Matthew 26:14-25

Holy Thursday

Evening Mass of the Lord's Supper

March 28

Exodus 12:1-8, 11-14

Psalms 116:12-13, 15-16bc, 17-18

1 Corinthians 11:23-26

John 13:1-15

Good Friday of the Lord's Passion

March 29

Isaiah 52:13-53:12

Psalms 31:2, 6, 12-13, 15-16, 17, 25

Hebrew 4:14-16, 5:7-9

John 18:1-19:42

Holy Saturday At the Easter Vigil in the

Holy Night of Easter

March 30

I. Genesis 1:1-2:2

Psalms 104:1-2, 5-6, 10, 12, 13-14, 24, 35

Or 33:4-5, 6-7, 12-13, 20, and 22

II. Genesis 22:1-18

Psalms 16:5, 8, 9-10, 11

III. Exodus 14:15-15:1

Psalms: Exodus 15:1-2, 3-4, 5-6, 17-18

IV. Isaiah 54:5-14

Psalms 30:2, 4, 5-6, 11-12, 13

V. Isaiah 55:1-11

Psalms: Isaiah 12:2-3, 4, 5-6

VI. Baruch 3:9-15, 32-4:4

Psalms 19:8, 9, 10, 11

VII. Ezekiel 36:16-17a, 18-28

Psalms 42:3, 5; 43:3, 4

Or Isaiah 12:2-3, 4bcd, 5-6

Or Psalm 51:12-13, 14-15, 18-19

Epistle: Roman 6: 3-11

Psalms 118:1-2, 16-17, 22-23

Gospel: Mark 16:1-7

<https://bible.usccb.org/bible/readings>

Catholic Student Association

The Catholic Student Association (CSA) is a community of faith and caring; interested in growing and practicing our Catholic faith.

**Fr. Ross Tozzi and Fr. Piotr Oprych will be out of town until April 1st. They are celebrating Palm Sunday thru Easter in parishes without priests during this time. Please keep them in your prayers.*

NO CSA MASS THIS WEDNESDAY, March 27th. During HOLY WEEK services at Sacred Heart Cathedral will be held at 7:00 pm on Holy Thursday (3/28), 7:00 pm on Good Friday (3/29), and 8:00 pm on Holy Saturday at the Easter Vigil (3/30).

FOR RIDES TO SACRED HEART CATHEDRAL DURING HOLY WEEK Contact Mary Pat Boger in advance at stmark@cbna.org or sign-up at the entrance of Sacred Heart this Sunday (3/24). Check with CSA members who might be attending ICC services for a ride. We will do our best to match you up with a ride if contacted in advance.

Interested in Becoming a Catholic or have questions about the Catholic Faith? Contact Fr. Ross Tozzi (rtozzi@cbna.org) or 907-347-3005 for more information.

St. Mark's 5:30 pm Sunday Mass is off campus at Sacred Heart Cathedral. Rides provided for those living on campus. Contact Mary Pat Boger at 907-374-9564 or email stmark@cbna.org by noon Sunday so it can be arranged.

CSA Officers and Advisor can be reached at- UAF-catholic-Club@alaska.edu



THE END OF LENT BRINGS US TO THE TRIDUUM

We begin recounting the 'passion narratives' from the New Testament that relate to the suffering (*passio* in Latin), death and burial of Jesus Christ.

Holy Week begins with enthusiastic shouts of 'Hosanna' to the somberness of Holy Wednesday and Maundy Thursday, to the horrors of the agony and death of Jesus on Good Friday, to the joyous celebration of the first Eucharist at Easter. In this emotional week, one anticipates the hope and glory of the resurrection of Christ at Easter, which is the heart of the Gospel and the center of our faith and worship.

Palm Sunday – entrance into Jerusalem

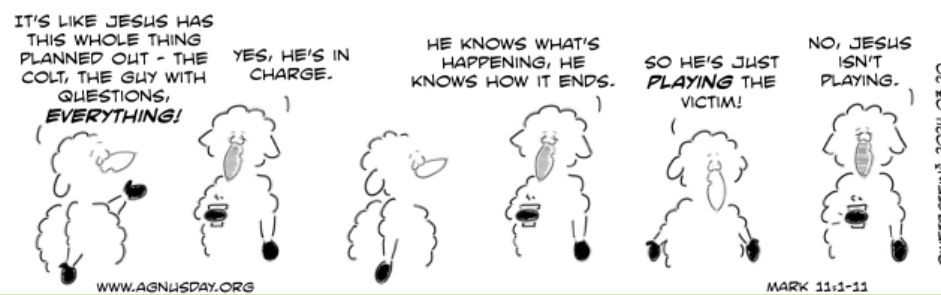
Holy Wednesday – into the darkness

Maundy Thursday - the Last Supper

Good Friday - Jesus' agony on the cross

Holy Saturday – visiting the tomb of Jesus

www.trinity.unimelb.edu



Neighboring Parish Mass Times

SACRED HEART CATHEDRAL

(907) 474-9032
Saturday Vigil: 4:30PM
Latin Rite Mass 6 PM – Jan 13
Sunday 8:00 & 11:00 AM
Spanish Mass at 1:00 PM
St. Mark Mass at SHC 5:30PM
Weekday: Mon, Tues, Th, Fri: 7:30am
Sacrament of Reconciliation:
Saturday from 3:00 to 4:00 PM
Sunday from 12:15-12:50 (Spanish)

IMMACULATE CONCEPTION

(907) 452-3533
Saturday Vigil: 4:00 PM
Sunday: 7:30 AM, & 10:00 AM
Weekday: Mon, T, Th, Fri: 12:10pm, Wed 5:30 PM
Sacrament of Reconciliation:
M, Tu, Th, Fr: 11:30 AM to 12:00 PM
Sat: 3:00 -4:00 PM

SAINT RAPHAEL

(907) 457-6603
Saturday Vigil: 6:00 PM
Sunday: 9:30 AM
Weekday: Tue, Th: 9:30 AM,
Wed 5:30 PM,
Fri: 6:00 PM
Sacrament of Reconciliation:
Sat: 5:00 – 5:30 PM

SAINT NICHOLAS, NORTH POLE

(907) 488-2595
Saturday Vigil: 5:00 PM
Sunday: 9:00 & 12:00 PM
Weekdays: Mon, T, Th, Fri: 9:00 AM Wed 7 PM
Sacrament of Reconciliation:
Wed: 6:00 PM & Sat: 4:00 PM

FT. WAINWRIGHT SOUTHERN LIGHTS CHAPEL

Sunday: 9:00 AM

EIELSON AIR FORCE BASE CHAPEL

Sunday 10:00 AM

Saints of the Week

March 24: St. Aldemar
March 25: St. Dismas
March 26: St. Margaret Clitherow
March 27: St. Rupert
March 28: St. Venturino of Bergamo
March 29: St. Berthold
March 30: St. Peter Regulatus
March 31: St. Benjamin
<https://mycatholic.org/saints>

Symbols of Holy Week

HOLY THURSDAY

Washing of the feet - This symbolic gesture is only used once a year emphasizing our call to service. Just as Jesus bent down to wash the feet of his disciples, we are to bend down and serve anyone and everyone in need.

Celebration of the Eucharist - On this night, when we commemorate Jesus' institution of the Eucharist and his command to do this in memory of him, we take great care in celebrating the Eucharist particularly well.

Procession with the Blessed Sacrament - Because we do not celebrate the Eucharist on Good Friday we reserve the precious Body of Christ for the celebration of our Lord's Passion the next day. At the end of Mass on Holy Thursday, we bring the Blessed Sacrament to a place of repose where vigil is kept till midnight.



GOOD FRIDAY

Proclamation of the Passion - The center of our faith story is the passion narrative. The life of Jesus led to his condemnation, his torture and ultimately his death on the cross. On this day, when we commemorate the death of Jesus, we meditate on the last moments in Jesus' life as they have been recounted in the Gospel of St. John.

Prayers for the needs of the world - On Good Friday, we take our time to pray for the needs of the entire world. We pray for everyone, ranging from the Holy Father to those who reject Christ.

Veneration of the cross - The cross, which is a tool of humiliation, torture, and death, is the instrument of salvation for us. By his death on the cross and his resurrection, Jesus forged the path of salvation for all of us. Because of this, we venerate the wood of the cross on Good Friday. By kissing the cross, we not only honor Jesus' self-sacrifice but we also commit ourselves to live by that cross.



HOLY SATURDAY

Easter fire - Jesus is the Light of the World, who once and for all conquers the darkness. During the Easter Vigil, when we celebrate the resurrection, we begin with this great symbol of light conquering darkness.

Easter candle - The Easter candle is the symbol of Christ the Light. It is lit from the Easter fire and burns throughout the Easter season. This candle is also used during baptisms and during funerals. In both instances, it symbolizes the Resurrection in which we have a part by virtue of our baptism. During the Easter Vigil, all who are present light their individual candles from the Easter candle, symbolizing that we are to share the light of Christ with the whole world.



Baptismal waters - Water is used for the sacrament of baptism because it symbolizes the three main aspects of baptism: water cleanses, water destroys, water gives life. Indeed, in baptism we are cleansed from all sins including original sin; in baptism, we die with Christ in order to rise with him; in baptism, we are birthed into the church as we become new Christians.

Sacred Chrism - The one characteristic of oil is that it penetrates our skin and makes our skin glow. Because of this, oil has been used to symbolize the fact that, in confirmation, the Holy Spirit penetrates our whole being and makes us luminous with his gifts.



<https://thecatholicspirit.com>